

Llangrannog



Year 5

12th – 14th March
2025



Llangrannog Urdd

Gwersyll yr Urdd ~ Llangrannog ~ Residential Centre - YouTube



Activities

- Skiing
- Tobogganing
- Swimming
- Climbing Centre
- Ropes challenge
- Trampolining
- Go-Karting
- Quad Bikes
- Horse Trekking
- Adventure Course
- Archery



Safety

- There are structures in place to safeguard children and teachers/leaders during their stay at Llangrannog.
- CCTV system in operation, security barriers, and night porters
- CRB – Every member of staff has been scrutinised by the Criminal Record Bureau (enhanced system)
- Qualified and experienced staff. The Centre has achieved ‘Investors in People’
- Fire Safety – A fire drill is held as soon as possible after the arrival of the children. Visual Fire Alarms are in place for people with impaired hearing.
- First Aiders – A fully qualified first aider is on duty 24 hours a day.
- First Aid Room – We have a first aid room where all medication can be kept safely.
- Health forms – Opportunity to declare any problems and special requirements (Form sent on Parent Pay).
- Food Allergies – Systems are in place for children with allergies. We cater for all special food requirements.
- Risk Assessments for every activity + Independent Providers Questionnaire
- NEBOSH Officer – Llangrannog has a full time officer who is responsible for Health and Safety



Accommodation

Where will my child be sleeping?

- All children sleep in centrally heated bedrooms. The children are responsible for making their beds and keeping the rooms tidy. We ensure that each child knows where to find help during the night from staff who are close at hand. Corridor lights are on throughout the night. Foam pillows are provided.



Eating at Llangrannog

- Meals are provided each day with a variety of Healthy Eating menus to suit all tastes. The Centre has been awarded a Food Hygiene Rating of 5 see under the [Food Standards Agency's Food Hygiene Rating Scheme](#). Children with allergies and special diet requirements are catered for e.g. a nut allergy, gluten free, diabetic, no dairy products, etc. - please inform us a week in advance so that the necessary arrangements can be made. Please remember to include this information on the Health Certificate as well. Vegetarian meals are available at all mealtimes. Cold drinks are provided free of charge at all times. Hot drinks can be purchased outside of meal times.



What should my child bring to the centre?

You should ensure that a name is shown on each item of clothing.

- Sleeping bag.
- Night clothes and toiletries.
- Spare clothes (not the best).
- A warm jumper and anorak or raincoat.
- Play clothes, swimming costume and towels.
- Trainers or suitable shoes for walking, and an old pair of shoes or wellingtons for the horse-riding and motor bikes.
- Suitable clothing for skiing and tobogganing i.e. old gloves and an old tracksuit or jeans.
- VERY OLD CLOTHES FOR OUR MUDDY ADVENTURE COURSE (April – October). Very old clothes should be sent for this activity – clothes you don't mind getting very dirty or even thrown away after the activity or on returning home as this activity is very muddy – but a great deal of FUN. A bag is provided for the dirty clothes after the activity.
- **IMPORTANT:**
You should ensure that a name is shown on each piece of clothing (especially swim wear) - a large number of untagged items are left every week!



Are there any items that my child is not allowed to bring?

- Please don't allow your child to bring a phone, video games or expensive toys, torches etc. (there is no reception in the area) to the Centre, and due to Health and Safety regulations, a pocket knife, aerosol sprays (please bring roll-on deodorant), portable electric equipment e.g. hair dryers straighteners are not permitted.

If children do bring these personal items then they will be collected at the beginning of the course and returned at the end. Any other valuables may be left at Reception for safekeeping e.g. cameras.



What happens if my child has a problem while at Llangrannog?

- A member of Urdd staff is present 24 hours during your child's stay. Therefore if your child has any problems or concerns staff will be on hand to deal with any issues promptly.
- It is important that each child brings the HEALTH CERTIFICATE to the Centre with details of any illness or problem that the child may have, and a telephone number should we need to contact the parents or family.



Questions? (Asked by parents at last year's meeting)



- Should my child bring waterproof trousers?

Technical clothing will be suitable as the weather will likely be cold and wet. They will only need 'best' clothes for the disco on the second night. All other clothing needs to be warm and old enough for dirt/damage to not be an issue.

Long trousers will be needed for most activities e.g. skiing, horse-riding so do not just pack shorts please.

- Will my child get to choose their food?

There will be a variety of food on offer at the canteen with options to suit most tastes and dietary needs. If they do not like anything then sandwiches can be made. The medical form has been sent again today (27/01/23). Please fill this in with any medical conditions, allergies and intolerances.



Questions continued...

- Does my child need spending money?
- There is £5 spending money included in the cost of the trip to spend at the shop on one of the days. Children will not need any further spending money as any stops at services will only be to use the toilets.
- Will my child be in a room with their friends?
- The rooms sleep upwards of 6 people so they will be with their friends. I have asked pupils who they would like to share with and will arrange the rooms based on this, as well as which children behave best together. They can sit with whomever they want on the bus.
- Can my child bring a torch?
- Your child is welcome to bring a head torch or torch but they will be responsible for looking after it. If they misuse it during the night (e.g. disturbing other children) then it will be confiscated.
- Will there be children from other schools at the centre?
- There will be pupils from other schools at the centre during the visit. It is a great opportunity to meet new people and forge new friendships.





